

# Coorg Public School and PU College Gonikoppal



UN VOLUNTEERS  
India

Health supplementing  
education and  
educators...  
A workshop



UN SDG 3: Good health and well being

COORG PUBLIC SCHOOL AND PU COLLEGE,  
GONIKOPPAL, COORG, KARNATAKA - The School  
National UN Volunteers-India

Health supplementing education and educators...  
A workshop

"A sound mind in a sound body" was literally proved when  
COPS provided a platform for an orientation program on  
health based on the .... Abhiyan by the Central Government.

Dr. Amrit Nanaiah M M and Dr. Soumya Ganesh Nanaiah the  
esteemed doctors and MD of Lopamudra Hospital and his  
entire team briefed the staff about the importance of health  
and the diet that has to be followed for a healthy living.  
Both stressed on the fact that teachers can inculcate in  
children the necessity of living a healthy quality life and by  
following one.

Dt. Pramod Machimada A very humorously yet very  
effectively conveyed the importance of diet for a healthy  
living and quality life.

A free health camp for the entire staff was conducted  
which proved to be very beneficial. A health card was  
issued to each staff member.

On the whole the entire interactive and interesting session  
was very meaningful and beneficial. The Principal Dr.M.  
Ramachandran, the Vice Principals, the Academic  
coordinators and the teaching and non-teaching staff were  
present.

Speaking on the occasion the Principal Dr. M.  
Ramachandran said it was indeed a matter of privilege for  
COPS to be proclaimed as " eat well" certified school in a  
short span of time. It would be an added feather to the cap  
of COPS as COPS would be the first school in Karnataka to  
be certified with this honour.



Thank you



Lopamudra Medical Centre, Kodagu

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# CERTIFICATE

## OF APPRECIATION

PROUDLY PRESENTED TO

*Lepamudra Medical Centre,  
Kodagu*

For the exemplary and dedicated efforts in organizing a transformative workshop on "Health Supplementing Education and Educators," accompanied by a selfless and beneficial free health checkup for the esteemed teachers of Coorg Public School and PU College at Gonikoppal, South Kodagu, Coorg, Karnataka.

28.09.23, THURSDAY  
INDIA

A handwritten signature in black ink, likely belonging to Dr. M. Ramachandran.

DR. M. RAMACHANDRAN  
THE SECRETARY GENERAL  
THE NATIONAL UN VOLUNTEERS-INDIA



# CERTIFICATE

## OF APPRECIATION

PROUDLY PRESENTED TO

**Dr. Soumya Ganesh  
Nanaiah**

Consultant & MD Lopamudra Drishti Eye Hospital,  
Kodagu

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DR. M. RAMACHANDRAN  
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THE NATIONAL UN VOLUNTEERS-INDIA



# CERTIFICATE OF APPRECIATION

PROUDLY PRESENTED TO

**Dr. Amrit Nanaiah M M**

Managing Director and Consultant Physician  
Lopamudra Medical Centre, Kodagu, Karnataka, India

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## OF APPRECIATION

PROUDLY PRESENTED TO

**Dt. Pramod Machimada A**

Consultant Dietitian  
Lopamudra Medical Centre, Kodagu, Karnataka, India

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